



COMPETITIVE CHEERLEADING REGISTRATION PACKAGE

2023-2024

UPDATED MAY 2, 2023 - SUBJECT TO CHANGE

**WE'VE
EXPANDED!!**



BOSS Athletics
Unit D
637 Dewdney Ave. E
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info@boss-athletics.com

boss-athletics.com

WE'RE BOSS

WELCOME

Welcome to Boss Athletics – the home of hard work, empowerment and positive interactions! We are very excited for our sixth season and look forward to growing our Boss community of encouragement where young athletes of all abilities can achieve their dreams.

While All Star Cheerleading and Dance has quickly grown in Canada, each gym runs their programs differently. At Boss Athletics, our focus is to build a community of athletes who are not only proud of themselves but proud of their peers' accomplishments. We lead through positive reinforcement. We believe in kindness, humbleness, and empowerment, with our focus always on the safe and strong development of our athletes in this amazing sport.

With Boss Athletics, athletes will gain life lessons that they will take with them far beyond their years in cheerleading and dance. Athletes achieve success by gaining confidence and building life-long friendships. Our focus is on developing a strong work ethic and understanding that a team is only as successful as their work together to achieve a common goal. Dream bigger at Boss!

MISSION

At Boss, we strive to be a front-runner in the athletic industry by providing an inclusive environment where we empower athletes to grow, establish friendships, and achieve goals in a positive and uplifting athletic environment.

WHY BOSS?

Boss Athletics is not just a gymnasium; we are a brand. A brand that symbolizes self-empowerment and allows everyone, to take part in the positive movement. We are heavily involved in giving back to the community through our "Boss Gives Back" initiative, which keeps the positive momentum moving in our building and allows us to connect with the community. Another thing we take pride in at Boss is our Athlete Mentorship Program, which aims to create close relationships in a supportive environment through partnering older athletes with younger athletes in the gym each season.

FEATURES

- Boss Athletics is conveniently located in East Central Regina.
- We are the front-runner in the industry with a newly developed gymnasium featuring a full, regulation size sprung floor. We are a well-equipped facility with state-of-the-art tumbling equipment.
- High quality, certified coaches with experience in all areas of cheerleading, dance and gymnastics to safely and effectively teach proper technique and execution of skills.
- Leaders with sport-specific knowledge (choreography, judging, competitive production).
- A variety of classes from team programming, movement classes, tumbling classes, and private skill-building sessions.
- Continuous gym and family fun events!

NEWLY EXPANDED FACILITY - TWO FLOORS, TWO SEPARATE GYM SPACES!!

CHEERLEADING

COMPETITIVE CHEERLEADING

HOW DO I JOIN COMPETITIVE CHEERLEADING?

Attend team placements from **May 23rd - May 27th, 2023**.

WHAT ARE TEAM PLACEMENTS?

Athletes of all ages and skill levels must attend team placements in order to be placed on a Boss competitive cheerleading team that will be a perfect fit for them! We have a team for everyone! All of our teams are designed to be successful at every level. We believe in the benefits of levelling athletes correctly and have seen great success and improved athlete confidence by following this philosophy. Team placements are a fun way to experience the gym atmosphere and meet coaches, and fellow athletes, in a friendly and inclusive environment.

TEAM PLACEMENT INFORMATION

Date: May 23rd - May 27th, 2023

Where: Boss Athletics (Unit D - 637 Dewdney Avenue East)

How to sign up:

- Visit our website at www.boss-athletics.com
- Click "Register for 2023-2024 competitive cheerleading placements"
- Select your age group and preferred team placement time based on options available.

If you are unable to attend our team placement dates, please contact the gym at info@boss-athletics.com to setup an individual tryout.

HOW TEAMS ARE BUILT

Cheerleading consists of the following components: stunting (lifts), tumbling, jumps and dancing. Cheerleading is a highly athletic sport that requires strength, coordination, flexibility and stamina. Competitive cheerleading consists of seven different levels (1-7) and there are multiple age divisions for each level. The levels in cheerleading are designed for athletes to safely progress their skills in both stunting and tumbling. Here are some examples of the tumbling skills by level:



CHEERLEADING

LEVEL	BEGINNER	MASTERY
1	Front roll, cartwheel, handstand.	Round off, back walkover, front walkover and any combination of skills.
2	Standing back handspring, round off backhandspring.	Back walkover back handspring, cartwheel back handspring, round off series backhandsprings.
3	Two connected backhandsprings, round off back tuck, jump backhandspring, punch front.	Round off back handsprings back tuck, 2+ connected backhandsprings and combination skills ending in a back tuck.
4	Standing back tuck, cartwheel back tuck, standing series backhandspring into tuck, round off layout.	Round off backhandspring layout, punch front through to layout, round off whip handspring layout, and combination skills ending in a layout.
5	Jump tuck, round off full.	Round off handspring full, series standing handspring layout, punch front/arabian through to full and combination skills ending in a full.
6/7	Jump tuck, standing series handspring full.	Standing full, standing series handspring whip full, round off handspring double twist, punch front/arabian through to double and combination skills ending in a double twist.

Athletes attend team placements in groups and are assessed individually based on the above skills/components. New to cheerleading? No need to worry! These are some of the skills that your athlete will learn and develop at Boss Athletics.

I ATTENDED TEAM PLACEMENTS - WHAT'S NEXT?

Following the week of team placements on Sunday, May 28th 2023 you will receive a phone call from a Boss staff member any time from approximately 11 am - 9 pm to notify you which team(s) you/your athlete has been placed on.

I'VE RECEIVED MY PHONE CALL - NOW WHAT?

Attend registration week Tuesday, May 30th - Thursday, June 1st, 2023 at Boss Athletics.

REGISTRATION SCHEDULE

TIME SLOT	TUESDAY, MAY 30th	WEDNESDAY, MAY 31st	THURSDAY, JUNE 1st
5:30-7:00 PM	Ages 3-6	Ages 7-8	Ages 9-10
7:00-8:30 PM	Ages 11-12	Ages 13-15	Ages 16+

CHEERLEADING

DIVISIONS

Boss Athletics follows the Cheer Canada age grid. Below is a list of Competitive Cheerleading teams we offer at Boss. ALL DIVISIONS/TEAMS ARE TENTATIVE BASED ON REGISTRATION NUMBERS.

GLAM - Ages 4 - 6 - An introductory level team experience that exposes athletes to the fundamentals of cheerleading including tumbling, cheerleading routine development, skills and performance.

DIVAS - Ages 5 - 8 - Prep team - Designed for athletes who are new to competitive cheerleading or still working on mastering fundamental Level 1 skills such as handstands, cartwheels, bridges, round-offs, and working towards walkovers. This team has a focus on the development of cheerleading fundamentals while receiving the same special experience as all other teams in terms of training, coaching, and competing.

CRAZE - Ages 5 - 8 - Designed for athletes who have cheerleading and tumbling experience, with a focus on the development of strong cheerleading fundamentals.

COVERGIRLS - Ages 8 - 12 - Prep team - Designed for athletes who are new to competitive cheerleading or still working on mastering fundamental Level 1 skills such as handstands, cartwheels, bridges, round-offs, and working towards walkovers. This team has a focus on the development of cheerleading fundamentals while receiving the same special experience as all other teams in terms of training, coaching, and competing.

LAVISH - Ages 8 - 12 - Designed for athletes who have cheerleading and tumbling experience, with a focus on the development of strong cheerleading fundamentals.

POSH - Ages 8 - 12 - Designed for athletes who have competitive cheerleading and tumbling experience, with a focus on the development of intermediate skills.

POISE - Ages 12 - 16 - Designed for athletes who have cheerleading and tumbling experience, with a focus on the development of strong cheerleading fundamentals.

FEMME - Ages 12 - 16 - Designed for athletes who have competitive cheerleading and tumbling experience, with a focus on the development of intermediate skills.

INFALLIBLE - NEW ELITE LEVEL 2 TRAVEL TEAM (CROSSOVER TEAM ONLY) - Ages 12 - 16 - This team is designed for athletes who max out ALL level 2 skills (both stunting and tumbling), with a focus on representing Boss on an International scale. Training for this team will require perfect attendance as athletes will need to be unquestionably committed and physically and mentally capable of handling high intensity training. Athletes will be eligible to be selected for this team as crossover athletes only.

VOGUE - Ages 12 - 16 - Designed for athletes who have multiple years of competitive cheerleading and tumbling experience, with a focus on the development of intermediate skills, and an introduction to high-level skills. This team is considered high level. Training is vigorous and requires athletes to be unquestionably committed and physically and mentally capable of handling high intensity training

BOMBHELLS - Ages 14 - 18 - Designed for athletes who have multiple years of competitive cheerleading and tumbling experience, with a focus on the development of high-level skills. This team is considered high level. Training is vigorous and requires athletes to be unquestionably committed and physically and mentally capable of handling high intensity training

LADY LUXE - Ages 16+ - This team is designed for high level athletes with multiple years of competitive cheerleading and tumbling experience. With a focus of perfecting high-level skills to compete internationally to represent Saskatchewan at the Cheerleading World competition, Lady Luxe training is vigorous, and requires athletes to be unquestionably committed, and physically and mentally capable of handling high intensity training.

CHEERLEADING

WHAT TO EXPECT AT REGISTRATION NIGHT

Athletes **MUST** attend registration night as they will be sized for their competition uniform and tracksuit.

STEP 1

Step 1: What you will need to bring:

- Your athlete's health card
- Any medical/emergency contact information
- Full payment for registration fees and uniform (if you don't already have one)
- Credit card for Boss credit card authorization form (if you choose this payment method)
- Returning athletes - check to see if your athlete's white cheerleading shoes and uniform fit

STEP 2

Step 2: Registration will be set up in the following stations: Please be prepared to spend approx. 1 1/2 hours for the entire registration process (as per your scheduled registration time).

- Form completion (or may be filled out in advance)
- Policy review – a Boss athletics staff member will be sitting with you one-on-one to review all Boss policies
- Communication Table
- Registration fee and uniform payment/accounting
- Uniform sizing
- Tracksuit and shoe sizing

STEP 3

Step 3: You are now registered!
Welcome to Boss!



CHEERLEADING

COMPETITIVE CHEERLEADING TRAINING SCHEDULE

SUMMER TRAINING - JUNE 5th - AUGUST 31st, 2023

- Athletes on Level 1 and 2 teams will have one extended practice per week to include team stunt practice and tumbling class (week days only).
- Athletes on Level 3 and 4 teams will train once a week, as a team, and have one additional tumbling class per week (weekdays only).
- Athletes on Lady Luxe will have 2 team practices per week with tumbling included.

STUNT CAMP - Craze, Lavish, Poise, Posh, Femme, Infallible, Vogue, Bombshells and Lady Luxe will have a mandatory stunt camp running from July 10-19th 2023. Schedule to be released following registration

FALL & WINTER TRAINING - SEPTEMBER 5th, 2022 - MARCH 31st, 2024 (with the exception of Infallible, Vogue, Bombshells, and Lady Luxe)

- Athletes on Glam, Divas, and Covergirls will have two team practices per week with one extended practice to include tumbling specific instruction.
- All other athletes will have two team practices per week and will be required to attend one additional tumbling class per week (included in tuition).

CHOREOGRAPHY CAMP - Competitive cheerleading routine choreography for ALL teams will be taking place in September/October. Final date TBD. **ATTENDANCE FROM ALL ATHLETES IS ABSOLUTELY MANDATORY - NO EXCEPTIONS.**

***NOTE:** The weekly training schedule will change during choreography weeks. Please ensure your athlete is free from any other commitments at this time. The choreography schedule is generally released 3 weeks prior to choreography.

Please see Page 13 for our detailed attendance policy that all competitive athletes are required to follow:




































































TEAM/LEVEL	EXCUSED ABSENCES ALLOWED
GLAM, DIVAS, CRAZE, COVERGIRLS, LAVISH, POISE, POSH, and FEMME	Summer (June-August): Attendance encouraged
	Fall (September-December): 1 PRE-APPROVED/EXCUSED absence
	Winter (January-March): None
INFALLIBLE, VOGUE, and BOMBSHELLS	Summer (June-August): 1 PRE-APPROVED/EXCUSED absence
	Fall (September-December): 1 PRE-APPROVED/EXCUSED absence
	Winter (January-March): None
LADY LUXE	Absences/holidays to be taken during gym closures only.

Boss Athletics believes in athletes maintaining a “cheer-life” balance. Please see the gym closure dates on Page 12 for the dates appropriate for booking family holidays.

CHEERLEADING

COMPETITION SCHEDULE

All showcases and competitions are mandatory - no exceptions. Competition schedule is subject to change as per competition availability.

Competition Schedule	Spotlight (Boss Showcase) December 17, 2023	Winter Knockout (Warman) January 13, 2024 TBD	Cold Snap (Edmonton) January 19-21, 2024	Best of the West (Moose Jaw) February 10, 2024	JAMZ (Las Vegas) February 16-20, 2024 TBD	Warman Cheer Classic (Warman) March 8-10, 2024 TBD	Saskatchewan Provincials (Saskatoon) March 16, 2024	Cheer Evolution Nationals (Niagara Falls) April 11-15, 2024	Cheerleading Worlds (Orlando, Must Qualify) April 2024 TBD
GLAM									
DIVAS									
CRAZE									
COVERGIRLS									
LAVISH									
POISE									
POSH									
FEMME									
INFALLIBLE									
VOGUE									
BOMBSHELLS									
LADY LUXE									

CHEERLEADING

PRICING (BEFORE TAXES)

Required 2023-2024 Investment	GLAM	DIVAS	CRAZE	COVERGIRLS	LAVISH	POISE	POSH	FEMME	INFALLIBLE	VOGUE	BOMBSHELLS	LADY LUXE
Registration Fee	\$250.00	\$250.00	\$300.00	\$300.00	\$300.00	\$300.00	\$300.00	\$300.00	\$300.00	\$300.00	\$300.00	\$300.00
Annual Tuition	\$800.00	\$800.00	\$1,570.00	\$1,420.00	\$1,770.00	\$1,870.00	\$1,870.00	\$2,190.00	\$1,095.00	\$2,205.00	\$2,205.00	\$2,775.00
Tumbling Classes	\$200.00	\$200.00	\$200.00	\$200.00	\$200.00	\$200.00	\$200.00	\$200.00	N/A	\$200.00	\$200.00	\$200.00
Track Jacket**	N/A	N/A	\$80.00	\$80.00	\$80.00	\$80.00	\$80.00	\$80.00	N/A	\$80.00	\$80.00	\$80.00
Total Without Uniform	\$1,250.00	\$1,250.00	\$2,150.00	\$2,000.00	\$2,350.00	\$2,450.00	\$2,450.00	\$2,770.00	\$1,395.00	\$2,785.00	\$2,785.00	\$3,355.00
Uniform Fee (4 year cycle)*	\$400.00	\$400.00	\$400.00	\$400.00	\$400.00	\$400.00	\$400.00	\$400.00	N/A	\$400.00	\$400.00	\$500.00
Total With Uniform	\$1,650.00	\$1,650.00	\$2,550.00	\$2,400.00	\$2,750.00	\$2,850.00	\$2,850.00	\$3,170.00	\$1,395.00	\$3,185.00	\$3,185.00	\$3,855.00

Please note – All fees above are subject to GST. Uniform and track jacket are also subject to PST.

Registration and Uniform Fees are due at Registration. Athletes will not be permitted to begin training until registration fees are paid.

* The competitive cheerleading uniforms at Boss Athletics get a FRESH NEW LOOK every four years to keep uniform costs low. This means that athletes/families purchase a uniform once and wear it for the next four competitive seasons. All uniform styles will be the same from U6-Open (excluding Lady Luxe) and will include a competition scrunchie. For Lady Luxe, please note that the uniform is inclusive of 2 looks and does not include the mesh black mid piece. Season 6 is year two in the current four year uniform cycle.

** Track jackets are mandatory for all competitive athletes excluding Glam and Divas, and will get a fresh new look every four years. Season 6 will be year one of the four year cycle. Prices may be subject to change.

The above **tuition** prices include:

- Safe, quality coaching
- Choreography camp with choreographer
- Stunt camp
- Club photos (team and individual)
- Competition music
- Scheduled team practices
- Club practice t-shirt
- In-province competition registration fees
- In-province coaches' travel fees
- Subsidized team bonding activities
- Cabin Retreat (Lady Luxe only)

The above **tuition** prices do not include:

- Cheerleading shoes
- Competition makeup
- SCA and Cheer Canada membership fees
- Additional custom team merchandise for out of province competitions
- All costs associated with out of province competitions
- Accommodations and travel to in province (out of city) competitions

WHAT YOU SEE IS WHAT YOU PAY

We believe in cost transparency. What you see here, is what you pay for the entire season! That means there are **no surprise invoices or hidden costs** later on.

CHEERLEADING

ESTIMATED OUT OF CITY/PROVINCE COMPETITION COSTS

EVENT	ESTIMATED COST/EXPENSES PER ATHLETE	TEAMS ATTENDING
Winter Knockout Warman, SK	Personal accommodations and transportation (athletes/families to book)	GLAM, DIVAS, CRAZE, COVERGIRLS, LAVISH, POISE, POSH, FEMME, VOGUE, BOMBSHELLS, LADY LUXE
Cold Snap Edmonton, AB	Approx. \$600 (booked by gym)	INFALLIBLE, VOGUE, BOMBSHELLS, LADY LUXE
Jamz Las Vegas, Nevada, USA	Personal accommodations and transportation (athletes/families to book). Cost TBD as this is a new competition.	INFALLIBLE
Warman Cheer Classic Warman, SK	Personal accommodations and transportation (athletes/families to book)	FULL CLUB
Saskatchewan Provincials Saskatoon, SK	Personal accommodations and transportation (athletes/families to book)	FULL CLUB
Cheer Evolution Nationals Niagara, ON	Personal accommodations and transportation (athletes/families to book). Approx. \$2,400 including competition and coaching fees, etc.	VOGUE, BOMBSHELLS
Cheerleading Worlds Orlando, Florida, USA	Approx. \$3,000. Flights booked by athletes, all other accommodations booked by gym.	LADY LUXE – Upon obtaining a bid

NEW - Boss will be travelling as a group for one out of province competition this season - Cold Snap in Edmonton. Please see our Travel Policy on Page 18 for more details in regards to group travel.

FUNDRAISING

Boss Athletics has a fundraising committee which hosts numerous OPTIONAL opportunities for athletes and families to fundraise. All fundraised money goes **directly** to athletes accounts to help subsidize their annual fees and/or travel expenses.

PAYMENT INFORMATION

All payments can be made by cash in person at the gym, cheque, credit card, or e-transfer to info@boss-athletics.com either upfront, or in five scheduled payments as noted in the Payment Schedule on Page 11. Please note that athletes will not be permitted to begin training until registration fees are paid in full.

CROSSOVER RATE

Any athlete competing on more than one competitive cheerleading team will receive a 50% discount on the less expensive team's annual **tuition** (not registration or uniform fees). Please note that team Infallible is already a discounted rate as it is a crossover only team. Crossovers are only required to purchase ONE uniform, unless crossing from club team(s) to our Worlds team, or cheer to dance.

If a competitive cheerleading athlete would like to crossover to a competitive dance team, they will receive a 25% discount on the dance annual **tuition** (not registration or uniform fees).

CHEERLEADING

PAYMENT SCHEDULE (INCLUDING TAXES)

Payment Schedule Due Dates - All Applicable Taxes Included	GLAM	DIVAS	CRAZE	COVERGIRLS	LAVISH	POISE	POSH	FEMME	INFALLIBLE	VOGUE	BOMBSHELLS	LADY LUXE
Registration - Due Registration Night	\$262.50	\$262.50	\$315.00	\$315.00	\$315.00	\$315.00	\$315.00	\$315.00	\$315.00	\$315.00	\$315.00	\$315.00
Uniform - Due Registration Night	\$444.00	\$444.00	\$444.00	\$444.00	\$444.00	\$444.00	\$444.00	\$444.00	\$0.00	\$444.00	\$444.00	\$555.00
Payment 1/5 and Track Jacket - August 1st	\$210.00	\$210.00	\$460.50	\$429.00	\$502.50	\$523.50	\$523.50	\$590.70	\$229.95	\$593.85	\$593.85	\$713.55
Payment 2/5 - September 1st	\$210.00	\$210.00	\$371.70	\$340.20	\$413.70	\$434.70	\$434.70	\$501.90	\$229.95	\$505.05	\$505.05	\$624.75
Payment 3/5 - October 1st	\$210.00	\$210.00	\$371.70	\$340.20	\$413.70	\$434.70	\$434.70	\$501.90	\$229.95	\$505.05	\$505.05	\$624.75
Payment 4/5 - November 1st	\$210.00	\$210.00	\$371.70	\$340.20	\$413.70	\$434.70	\$434.70	\$501.90	\$229.95	\$505.05	\$505.05	\$624.75
Payment 5/5 - December 1st	\$210.00	\$210.00	\$371.70	\$340.20	\$413.70	\$434.70	\$434.70	\$501.90	\$229.95	\$505.05	\$505.05	\$624.75
TOTAL	\$1,756.50	\$1,756.50	\$2,706.30	\$2,548.80	\$2,916.30	\$3,021.30	\$3,021.30	\$3,357.30	\$1,464.75	\$3,373.05	\$3,373.05	\$4,082.55

Please note – All fees above include GST. Uniform and Track Jacket also include PST.



IMPORTANT DATES

BOSS FAMILY AND FUN EVENTS

Keep your eye on our social media pages for dates of the following events:

EVENT	DATE
Parent Watch Weeks	Summer/Fall Training
Boss Gives Back Initiatives	Ongoing
Boss Buddy Program	Ongoing
Pride Parade	June
Combined Club Practices	Seasonal
Parent Appreciation Week	Surprise!
Club Photo Day	March
Bring a Friend Day/Week	March/April
Pretty in Pink Year End Banquet	May

GYM CLOSURES

Boss Athletics believes in athletes maintaining a “cheer-life” balance. Please see the following gym closure dates to help plan family holidays.

EVENT	CLOSURE DATES
Canada Day Long Weekend	Friday, June 30th, 2023 to Sunday, July 2nd, 2023
Saskatchewan Day Long Weekend	Saturday, August 5th, 2023 to Monday, August 7th, 2023
Labour Day Long Weekend	Friday, September 1st, 2023 to Monday, September 4th, 2023
Thanksgiving Day Long Weekend	Sunday, October 8th, 2023 to Monday, October 9th, 2023
Remembrance Day	Saturday, November 11, 2023
Winter Holiday Break	Wednesday, December 20th, 2023 to Tuesday, January 2nd, 2024 Practices resume Wednesday, January 3rd, 2024 NOTE - These dates do not align with the school schedule. They were designed to give athletes a break after the showcase and still have two weeks of training before their first competition of the season.
Family Day Week	Saturday, February 17th, 2024 to Friday, February 23rd, 2024 Practices resume Saturday, February 24th, 2024. NOTE - Infallible will be competing at Jamz in Las Vegas during this week.
Easter Long Weekend	Friday, March 29th, 2024 to Monday, April 1st, 2024

POLICIES

ATTENDANCE POLICY

TEAM/LEVEL	EXCUSED ABSENCES ALLOWED
GLAM, DIVAS, CRAZE, COVERGIRLS, LAVISH, POISE, POSH, and FEMME	Summer (June-August): Attendance encouraged
	Fall (September-December): 1 PRE-APPROVED/EXCUSED absence
	Winter (January-March): None
INFALLIBLE, VOGUE, and BOMBSHELLS	Summer (June-August): 1 PRE-APPROVED/EXCUSED absence
	Fall (September-December): 1 PRE-APPROVED/EXCUSED absence
	Winter (January-March): None
LADY LUXE	Absences/holidays to be taken during gym closures only.

TEAMS - GLAM, DIVAS, CRAZE, COVERGIRLS, LAVISH, POISE, POSH, FEMME

SUMMER ATTENDANCE POLICY

Please submit a notice of your absence via our online request form a minimum of 48 hours before practice is scheduled to begin (unless it is an emergency or severe illness) for our coaches to plan practice time adequately. Although attendance in the summer is encouraged and not mandatory, note that your athlete's involvement in routine choreography for competition may depend on the frequency of their attendance.

Athletes whose absences affect their overall progress may be subject to a new team/level placement in the fall.

FALL ATTENDANCE POLICY

Please submit a notice of your absence via our online request form a minimum of 48 hours before practice is scheduled to begin (unless it is an emergency or severe illness) for our coaches to plan practice time adequately. Athletes on the above teams are entitled to one excused absence in the fall.

Athletes that exceed their allowed number of excused (or have unexcused) absences will be subject to being placed in an alternate position or removed from the routine without notice at the coach's/owners' discretion. Note: if an absence is not approved, the athlete is still expected to attend the practice. All athletes are expected to catch up/learn all material covered during an absence.

WINTER ATTENDANCE POLICY

No absences will be approved.

Athletes who have unexcused absences will be subject to being placed in an alternate position or removed from the routine without notice at the coach's/owners' discretion. Note: if an absence is unapproved, the athlete is still expected to attend the practice.

POLICIES

TEAMS - INFALLIBLE, VOGUE, BOMBSHELLS

SUMMER ATTENDANCE POLICY

Please submit a notice of your absence via our online request form a minimum of 48 hours before practice is scheduled to begin (unless it is an emergency or severe illness) for our coaches to plan practice time adequately. Athletes on the above teams are entitled to one excused absence in the summer.

Athletes that exceed their allowed number of excused (or have unexcused) absences will be subject to a new team/level placement or alternate position at the coach's/owners' discretion. Note: if an absence is not approved, the athlete is still expected to attend the practice.

FALL ATTENDANCE POLICY

Please submit a notice of your absence via our online request form a minimum of 48 hours before practice is scheduled to begin (unless it is an emergency or severe illness) for our coaches to plan practice time adequately. Athletes on the above teams are entitled to one excused absence in the fall.

Athletes that exceed their allowed number of excused (or have unexcused) absences will be subject to being placed in an alternate position or removed from the routine without notice at the coach's/owners' discretion. Note: if an absence is not approved, the athlete is still expected to attend the practice. All athletes are expected to catch up/learn all material covered during an absence.

WINTER ATTENDANCE POLICY

No absences will be approved.

Athletes who have unexcused absences will be subject to being placed in an alternate position or removed from the routine without notice at the coach's/owners' discretion. Note: if an absence is not approved, the athlete is still expected to attend the practice.

TEAM - LADY LUXE

ATTENDANCE POLICY

All absences and holidays are to be taken during gym closures only, no exceptions.



POLICIES

COMMUNICATION POLICY

All communication must be done through the gym email info@boss-athletics.com. Cheer/Boss/Athlete related text messages, Facebook messages, Instagram DM's or snap chat messages will not be responded to. If you have any questions or concerns about your athlete's coach, team or teammates, please first contact the gym's email address. We are committed to appropriate conflict resolution, and will do everything in our power to address any concerns swiftly. All contact must be respectful. Verbal abuse and/or harassment of any kind will not be tolerated and may result in dismissal from the gym. A 24 hour cool down period shall follow an issue to contact any Boss staff to ensure communication occurs in a respectful and positive manner. Parents are welcome to speak to their child's coach(es) briefly after practice provided it is in a positive, constructive, and professional manner. There may be times where the coach has back to back coaching sessions, and may be unable to have a conversation immediately. If there are concerns, please contact the gym to arrange a meeting with the owners, and the coach. Unscheduled walk-in meetings with any coach/owner are not permitted. Breach of this policy may result in dismissal from the gym.

CONFLICT OF INTEREST POLICY

To ensure program focus, and not to place the individual in an undesirable situation, Boss coaches shall not coach for other clubs.

DRESS CODE POLICY

Participants are expected to wear proper active wear and appropriate footwear for every practice. Street clothes are not allowed. Long hair must be tied back in a ponytail and all jewelry must be removed except for medical alert bracelets.

EXTERNAL POLICIES

Participants are expected to adhere to all Saskatchewan Cheerleading Association policies.



POLICIES

EXTERNAL TEAM ACTIVITY POLICY

Coaches and or team parents may organize team activities throughout the season. These activities are not mandatory to attend however the event organizer may require financial investment for the activity. Note that any additional expenses of this nature are not included in your annual tuition fees.

FIT FOR PARTICIPATION / SUBSTANCE POLICY

All athletes, coaches, volunteers, and chaperones must ensure they are fit for participation for all practices, competitions, and events. As such, all athletes and coaches will refrain from the use of illegal substances at all times and will only use legal substances in a legal and responsible manner. Alcohol and other substances will not be permitted prior to or during competitions or practices. Remember that both legal and illegal substances can impact your ability to safely participate, putting your fellow athletes and coaches at risk. Any person found in violation of this policy will be sent home from competition or practice immediately at their own expense and risk removal from the club. In the event that BOSS athletics coaches or staff deem an athlete to be physically unable to participate safely for any reason, coaches and staff reserve the right to request medical clearance before continuing participation.

HARASSMENT & BULLYING POLICY

Boss has zero tolerance for bullying and/or harassment, in person or online. This includes offensive or derogatory comments and/or the poor treatment of other participants, coaches, parents, or spectators both within and outside of the club. This type of unacceptable behaviour is also defined in the Saskatchewan Cheerleading Association's Code of Conduct Policy applicable to all athletes, parents, coaches, officials, and spectators. Failure to comply with these policies will result in the movement of the participant to an alternate position, or removal from the team or club as deemed by Boss Leadership.

All **reported** instances of harassment and bullying will be dealt with appropriately by Boss coaches and leadership based on each individual situation. Please note that situations can only be dealt with when they are brought to the attention of a Boss staff member.

INJURY POLICY

If unable to participate in practice due to an injury, athletes are still expected to attend practices to watch or do as much as they can. If an injury occurs outside of cheer, athletes are required to provide a formal note from a physiotherapist which explains the injury, along with when they may return to training. Athletes are still expected to train while avoiding the area of injury. Athletes and their families will be expected to proactively seek rehabilitation for the injury in all possible forms (physio, massage, chiro etc) to enable the athlete to return to training as soon as possible. In the event that an athlete does not provide a medical note, they will still be required to train at full capacity.

POLICIES

FOOD & DRINK POLICY

All food and drink must be kept in tightly sealed containers with participants' personal belongings.

BOSS is a nut-free facility; no nuts of any kind are permitted. Food and/or drink is not permitted on the sprung floor with the exception of water contained in tightly sealed water bottles.

LATE FEE/REFUND POLICY

LATE FEES

All monthly fees that are unpaid by the 15th of the month will incur a \$25 + GST late penalty. Fees outstanding on the 15th of the month result in athlete being required to sit out at practice and may impact their participation at upcoming competitions. Athletes will not be given their competitive uniform until all outstanding uniform and tuition fees are paid in full. All NSF payments will be subject to a \$25 + GST charge. Athletes will not be permitted on traveling trips until both the season and travel fees are paid in full.

REFUND POLICY

All fees, once paid, are non-refundable. If wishing to discontinue training/classes at BOSS Athletics, any and all outstanding fees including uniform, tuition, travel and so on **MUST** be paid to the gym in full as per the payment schedule and the date of discontinuing. Uniform and clothing fees are non-refundable and may not be used as credit towards outstanding tuition payments.

CANCELLATION/DISCONTINUATION POLICY

In the event that an athlete discontinues training with Boss athletics for any reason, the athlete and/or parent is required to submit a formal notice of discontinuation, and any and all outstanding amounts owed to the date of discontinuation must be paid in full. Please see the following discontinuation payment schedule:

DATE	FEES RESPONSIBLE FOR
On or before the first scheduled day of training	<ul style="list-style-type: none">• Registration Fee• Uniform Fee
Between the first scheduled day of training and the first day of scheduled Fall training	<ul style="list-style-type: none">• Registration Fee• Uniform Fee• All payments due up to the day of the cancellation/discontinuance based on the Payment Schedule on Page 11• \$200 discontinuation fee
On or after the first day of scheduled team choreography	<ul style="list-style-type: none">• Registration Fee• Uniform Fee• All payments due up to the day of the cancellation/discontinuance based on the Payment Schedule on Page 11• \$400 discontinuation fee

POLICIES

LOGO USAGE POLICY

The Boss Athletics logo is owned by Boss Athletics INC. Any use of the logo by members for any reason including but not limited to: Fundraising, Advertising, clothing/item production (fan wear, training wear, track suits etc.) is not permitted unless express written consent is obtained from Boss Athletics INC.

MEETING POLICY

In the event there is a conflict that requires an in-person meeting between athletes, coaches, and or/the owners, BOSS Athletics reserves the right to record meeting minutes and/or record the meeting to keep accurate and factual records of all interactions. All participants will be reminded of this policy at the start of all meetings.

REFUSAL OF POLICY

Boss Athletics reserves the right to refuse service at any point to athletes/families that do not adhere to Boss Athletics policies.



POLICIES

SPORTSMANSHIP POLICY

All BOSS participants (and family members) must demonstrate exemplary sportsmanship and respect for all others, including all fellow athletes, coaches, owners, parents, officials, spectators, and event staff both from BOSS and other clubs/teams. Offensive comments or language, whether intentionally hurtful or not, are unacceptable. Participants must display and project a favourable image of the club and the sports of Cheerleading, Dance and Tumbling. Participants must contribute to a safe environment for positive learning, development, fitness, and competition for all athletes and coaches.

TRAVEL POLICY

IN PROVINCE

Athletes/families are responsible for all travel and accommodations within Saskatchewan (Winter Knockout, BOTW, WCC, Provincials). These travel costs are not included in the annual fees.

EDMONTON/COLDSNAP AND WORLDS TRAVEL POLICY

BOSS athletes are expected to travel and stay together as a team for the Coldsnap competition in Edmonton and Worlds. Prior to team travel competitions, detailed information will be provided. These travel/accommodation costs are not included in the annual fees.

Athletes will be required to sign an athlete code of conduct contract prior to traveling with their team, that if broken, athletes will be sent home at their own expense.

In the event of an emergency where medical attention is required, the athlete/their family is responsible for any cost incurred and will be invoiced following the competition.

All travel fees must be paid before travelling to these competitions.

OTHER OUT OF PROVINCE COMPETITIONS POLICY

Athletes/families are expected to book their own travel and accommodations (as per the requirements outlined by Boss for that specific competition). Athletes will be required to travel to the competition with their own parent/guardian (if a minor). Boss will provide detailed information prior to the competition of specifics of when and where athletes are required to be present during the trip. Please note that athletes will not be under the supervision of Boss staff at times beyond times outlined in the Boss travel and competition itinerary.

WEEK OF COMPETITION POLICY

Athletes who are not present or able to participate at practice the week of competition (for any reason), coaches reserve the right to replace their position without notice.

BOSS

ATHLETICS

POWER



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